

# LOVING YOU RUMBA

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MUSIC: "Loving You Makes Me a Better Man" by Hal Ketchum. Download from Amazon, iTunes and others. Volume can be normalized if desired by relatively increasing the volume of the Intro & first Part A and decreasing the volume of Part C.

LINK TO MUSIC FOR REVIEW: <https://www.youtube.com/watch?v=5AETc-CdOjE>

RHYTHM/PHASE: Rumba, Phase IV+2+1 (Cuddles, Sweethearts) + (Alternative Basic)

TIME/SPEED: 3:16 @ 25meas/min (47.3RPM = +5%). As downloaded: 3:26 @ 23.8 meas/min

FOOTWORK: Described for M, W opposite or as noted

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SEQUENCE: Intro, A, Amod, B, C, Amod, B(1-7), Ending

## INTRO

### 1-4 WAIT ; ALT BASIC TO FAN ; HOCKEY STICK ; ;

- 1 **{Wait}** Start TANDEM WALL trail feet free Wait through maraca beats and 1 Meas ;
- 2 **{Alt Basic to FAN}** Cl R in pl, cl L in pl, strong sd R (*W: strong sd L trn ¼ RF leave R foot ptng RLOD*) jng ld hands, - end FAN POS WALL ;
- 3 **{Hockey Stick}** Fwd L, rec R, cl L raise ld hand IFO W w her palm up, - (*W: Cl R to L, fwd L, fwd R, -*) ;
- 4 Bk R w sl RF trn, rec L lead W LF trn under jnd ld hands, fwd R DRW, - (*W: Fwd L, fwd R trng sharply LF under jnd ld hnds, sd & bk L, -*) end LOFP DRW ;

## PART A

### 1-4 ALEMANA TO ; ; LARIAT ½ TO LOP LOD ~ FACE FOR ; SD WALK 3 w LUNGE ENDING ;

- 1 **{Alemana}** Fwd L, rec R, cl L to R raising jnd ld hands palm to palm, - (*W: Rk bk R, rec L, fwd R to M ptng L toe across R twd LOD, -*) ;
- 2 Bk R, sd & fwd L to fc WALL, cl R to L w R sway keeping jnd ld hands high and placing bk of R hand beh W's R hip, - (*W: Fwd L trng ½ RF under jnd ld hands brush R to L to fc approx DRW, fwd R DRW trng RF to fc COH and offset to M's R sd, fwd L, -*) end approx SD BY SD POS M fc WALL W to M's R sd ld hands jnd high ;
- QQQ- 3 **{Lariat ½ to LOP & Fc}** Rk sd L leading W fwd, rec R trng ¼ LF comm bringing ld hands down, fwd L in LOP fcng LOD w jnd ld hands at approx chest level, sharp swvl LF on L foot to BFLY fc W & COH (*W: Fwd R circling RF arnd M, fwd L, fwd R twd LOD, sharp swvl RF on R foot to fc M*) end BFLY COH ;
- 4 **{Sd Walk 3 w Lunge Ending}** Sd R, cl L to R, sd lunge R to LOD w R sd stretch, - ;

### 5-8 REC TWIRL VINE ; AIDA ; SWITCH ROCK ; WHIP TO RLOD SHAKE HANDS ;

- 5 **{Rec Twirl Vine}** Rec L raising jnd ld hands, XRIB lead W to twirl RF under jnd ld hands, sd L, - (*W: Rec R comm RF trn, fwd L twirling under ld hands, bk & sd R to fc M, -*) ;  
Style Option: on the S of this meas ptrs can sweep tr arms up and over, continuing circular arm motion into the first 2 beats of the next meas.
- 6 **{Aida}** Thru R, trng RF (*W: LF*) sd & bk L, cont RF (*W: LF*) trn bk R, - end BK TO BK V POS fcng LOD ;
- 7 **{Switch Rk}** Trng LF (*W: RF*) sd L to fc ptr, rec R, rec L blend to BFLY COH, - ;
- 8 **{Whip to RLOD Shake Hnds}** Bk R bringing tr hands thru and comm LF trn, rec L cont LF trn jn R hands, sd R fc RLOD, - (*W: thru L twd RLOD, fwd R past M trng ½ LF, sd L, -*) end HS POS RLOD ;

### 9-12 TRADE PLACES 2X ; ; [LEAD HANDS] OPEN BRK TO BOLERO-BJO ; WHEEL 3 FC WALL ;

- 9 **{Trade Places 2x}** Rk apt L, rec fwd & across R to W's R sd (*W: rec L*), fwd L twd RLOD leading W fwd past you and trng ½ RF releasing R hands, - ;
- 10 Jng L hands rk apt R, rec L, fwd R twd LOD leading W fwd past you and trng ½ LF releasing L hands, - ;
- 11 **{Open Brk to BOL-BJO}** Jng ld hands rk apt L, rec R, fwd L blending to BOLERO-BJO, - ;
- 12 **{Wheel 3}** Wheel RF in BOLERO-BJO fwd R, L, R, - to fc WALL (*W: Wheel RF fwd L, R, L, comm RF swivel on L*) ;

### 13-16 CUDDLES 2X ; ; CROSS BODY ; [FC COH] ;

- 13 **{Cuddles}** Rk sd L, rec R leading W to fc, cl L to R, - (*W: Swvl 3/8 RF on L foot rk sd R to DRW, rec L trng LF to fc M, small sd R, -*) end CUDDLE POS WALL ;

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- 14 Leading W to swvl LF rk sd R, rec L leading W to fc, cl R to L, - (W: Swvl 3/8 LF on R foot rk sd L to DLW, rec R trng RF to fc M, small sd L, -) end CUDDLE POS WALL ;
- 15 **{Cross Body}** Rk fwd L, rec R comm LF trn, sd L compl ¼ LF trn to fc LOD jng ld hands low, - (W: Rk bk R, rec L, fwd R, -) end "L" POS M fc LOD ;
- 16 Bk R comm LF trn leading W fwd, rec L cont LF trn to fc COH, sd R w ld hands jnd low, - (W: fwd L twd COH, fwd R past M trng ½ LF, sd L, -) end LOFP COH w ld hands jnd low ;

## PART Amod

### **1-4 ALEMANA TO ; ; LARIAT ½ TO LOP RLOD ~ FACE FOR ; SD WALK 3 w LUNGE ENDING ;**

Repeat meas 1-4 of Part A but begin facing COH instead of DRW ; ; ;

### **5-8 REC TWIRL VINE TO AN ; AIDA ; SWITCH ROCK ; WHIP TO LOD SHAKE HANDS ;**

Repeat meas 5-8 of Part A but begin facing WALL instead of COH ; ; ;

### **9-12 TRADE PLACES 2X ; ; [LEAD HANDS] OPEN BRK TO BOLERO-BJO ; WHEEL 3 FC COH ;**

Repeat meas 9-12 of Part A but begin facing LOD instead of RLOD ; ; ;

### **13-16 CUDDLES 2X ; ; START A CROSS BODY ; LADY 2 SLO CROSS SWIVELS ;**

Repeat meas 13-14 of Part A but facing COH instead of WALL ; ;

- 15 **{Start a Cross Body}** Repeat meas 15 of Part A start facing COH & end in "L" POS M fc RLOD ;
- SS 16 **{Lady 2 Slow Cross Swivels}** Rk sd R leading W LF swvl, -, rk sd L leading W RF swvl, - (W: Fwd L swvlng ½ LF, -, fwd R swvlng ½ RF, -) end "L" POS M fc RLOD ;

## PART B

### **1-4 FINISH THE CROSS BODY TO HANDSHAKE ; SHADOW NY STACK HANDS ; CROSS HAND UNDRARM TRN ; START A FLIRT TO VARSOU ;**

- 1 **{Finish X-Body}** Bk R comm LF trn leading W fwd, rec L cont LF trn to fc WALL jng R hands, sd R, - (W: fwd L twd COH, fwd R past M trng ½ LF, sd L, -) end HS POS fcng WALL ;
- 2 **{Shdw New Yorker}** Fc RLOD fwd L extending L arm beh W, rec R fc ptr, sd L jng L hands under R, - ;
- 3 **{X-Hand Underarm Trn}** XRIB raising jnd R hands to lead W RF trn under, rec L raising jnd L hands leading W cont RF trn under, sd R, - (W: XLIF comm trng RF under jnd R hands, rec R cont RF trn under jnd L hands to fc ptr, sd L, -) end FCNG POS WALL hands stacked L over R ;
- 4 **{Start a Flirt}** Fwd L, rec R raising jnd L hands, sd L leading W to compl ½ LF trn under jnd L hands, - (W: bk R, rec L comm LF trn, fwd R compl ½ LF trn, -) end VARSOU WALL ;

### **5-8 SWEETHEARTS 2X ; LADY FACE ; SPOT TURN ; HAND TO HAND ;**

- 5 **{Sweethearts}** Keeping dbl handhold chk fwd R w contra action [L sd lead] looking at ptr while raising jnd R hands and keeping jnd L hands low, rec L, sd R sliding beh W, - (W: Chk bk L shaping to ptr, rec R, sd L to M's L sd, -) end LEFT VARSOU WALL ;  
Option: Instead of keeping the dbl handhold ptrs can keep L hands jnd during first Sweetheart and R hands jnd during second. In this case the M would extend the free hand beh the W's bk and W would chk bk w contra action instead of shaping to the M.
- 6 **{Lady Fc}** Keeping dbl handhold chk fwd L w contra action [R sd lead] looking at ptr while raising jnd L hands and keeping jnd R hands low, rec R releasing L hands, sm sd L leading W to swvl RF to fc ptr, - (W: Chk bk R shaping to ptr, rec L, sm fwd R w RF swvl to fc M, -) end HS POS fcng WALL ;
- 7 **{Spot Trn}** XRIF trng LF (W: RF) to fc approx RLOD, rec L cont LF trn fc ptr, sd R, - end BFLY WALL ;
- 8 **{Hand to Hand}** Trng LF (W: RF) to OP LOD bk L, rec R to fc, sd L end BFLY WALL, - ;

## PART C

### **1-4 [BFLY] THRU SERPIENTE TO LOD ; ; FENCELINE w POINT ; NEW YORKER ;**

- 1 **{Thru Serpiente}** Maintaining BFLY throughout next two meas thru R to LOD, sd L, XRIB, ronde L foot CCW (W: CW) ;

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- 2 XLIB, sd R, XLIF, ronde R foot CCW (*W: CW*) end BFLY WALL ;
- QQ - - 3 **{Fenceline w Pt}** XRIF onto soft knee, rec L, pt R to RLOD, - end BFLY WALL ;
- 4 **{New Yorker}** Fc LOD fwd R bringing jnd tr hands thru, rec L fc ptr, sd R, - end BFLY WALL ;
- 5-8 THRU SERPIENTE TO RLOD ; ; FENCELINE ; WHIP [FC COH] :**
- 5 **{Thru Serpiente}** Maintaining BFLY throughout next two meas thru L to RLOD, sd R, XLIB, ronde R foot CW (*W: CCW*) ;
- 6 XRIB, sd L, XRIF, ronde L foot CW (*W: CCW*) end BFLY WALL ;
- 7 **{Fenceline}** XLIF onto soft knee, rec R, sd L, - end BFLY WALL ;
- 8 **{Whip}** Lowering both hands bk R comm LF trn leading W across, sd & fwd L cont LF trn to fc COH, sd R releasing tr hands and keeping jnd ld hands low, - (*W: Fwd & across L comm LF trn, fwd R twd COH past M trng ½ LF, sd L, -*) end low handhold LOFP COH ;

## ENDING

**+1 ROCK BK TO OPEN LOD w ARM SWEEP.**

- Q 1 **{Rk Bk to OP & Arm Sweep}** Trng LF (*W: RF*) to OP LOD bk L and sweep ld arm up and over and extend to sd as music fades ending OP LOD w slight bk-to-bk V and ld arms extended to sd,

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## HEAD CUES

START TANDEM WALL TRAIL FEET FREE WAIT THROUGH MARACA BEATS AND 1 MEAS

## INTRO

WAIT ; ALT BASIC TO FAN ; HOCKEY STK ; ;

## PART A

ALEMANA TO ; ; LARIAT ½ TO LOP LINE ~ FACE FOR ; SD WALK 3 w LUNGE ENDING ; REC TWIRL VINE TO ; AIDA ; SWITCH RK ; WHIP FC REV SHAKE HANDS ;

TRADE PLCS 2X ; ; [LD HANDS] OPEN BRK TO BOLERO ; WHEEL 3 FC WALL ; CUDDLES 2X ; ; CROSS BODY ; [FC CENTER] ;

## PART Amod

ALEMANA TO ; ; LARIAT ½ TO LOP REV ~ FACE FOR ; SD WALK 3 w LUNGE ENDING ; REC TWIRL VINE TO ; AIDA ; SWITCH RK ; WHIP FC LINE SHAKE HANDS ;

TRADE PLCS 2X ; ; [LD HANDS] OPEN BRK TO BOLERO ; WHEEL 3 FC CENTER ; CUDDLES 2X ; ; START A CROSS BODY ; LADY 2 SLO CROSS SWVLS ;

## PART B

FINISH CROSS BODY TO HS ; SHDW NY STACK HANDS ; CROSS HAND UNDERARM TRN ; START A FLIRT TO VARSOU ; SWEETHEARTS 2X ; LADY FACE ; SPOT TRN ; HAND TO HAND ;

## PART C

[BFLY] THRU SERPIENTE TO LINE ; ; FENCELINE w POINT ; NEW YORKER ; THRU SERPIENTE TO REV ; ; FENCELINE ; WHIP [FC CENTER] ;

## REPEAT Amod

ALEMANA TO ; ; LARIAT ½ TO LOP REV ~ FACE FOR ; SD WALK 3 w LUNGE ENDING ; REC TWIRL VINE TO ; AIDA ; SWITCH RK ; WHIP FC LINE SHAKE HANDS ;

TRADE PLCS 2X ; ; [LD HANDS] OPEN BRK TO BOLERO ; WHEEL 3 FC CENTER ; CUDDLES 2X ; ; START A CROSS BODY ; LADY 2 SLO CROSS SWVLS ;

## REPEAT B(1-7)

FINISH CROSS BODY TO HS ; SHDW NY STACK HANDS ; CROSS HAND UNDERARM TRN ; START A FLIRT TO VARSOU ; SWEETHEARTS 2X ; LADY FACE ; SPOT TRN ;

## ENDING (+1)

ROCK BK TO OPEN LINE w ARM SWEEP ;