

QUICK AND EASY

Choreographer: Jabour

Rhythm: Quickstep **Phase:** III

Record: The Gold Digger (Hector H-693)

Footwork: Described for man (W opposite except noted)

Sequence: Intro - A B - A B(1-14) - End

INTRO

1-4 wait 2 measures;; apart & acknowledge; PU and touch

- 1-2 wait 2 measures in OP fcg / DLW
3 ss [apt, ack] stp apt L, -, pt R to ptr, -;
4 ss [PU & tch] stp tog R, -, tch L to R to CP DLW, -;

PART A

1-4 walk & face; chasse 3 to SCP; (thru) chasse to BJO - fwd;;

- 1 ss [walk & face] fwd L to CP DLW, -, fwd R trn 1/8 RF to fc WL, -;
2 qqs [chasse 3] sd L, cl R, sd L to SCP, -;
3-4 sqqs [thru chasse to BJO] thru R, -, sd L, cl R; sd L trn 1/8 LF to BJO LOD, -,
s [fwd] Fwd R outsd ptr, -;

5-8 step hop 2x; fwd/lk, fwd; manuv, sd, cl; pivot 1/2;

- 5 qq [step hop] stp fwd L, hop on L,
qq [step hop] stp fwd R outsd ptr, hop on R;
6 qqs [fwd/lk, fwd] fwd L outsd ptr, lk R beh L (W lk L if R), fwd L, -;
7 sqq [manuv, sd, cl] fwd R outsd ptr start trn RF, -, sd L continue trn RF to CP RLOD, cl
R;
8 ss [pivot 1/2] bk L trn 1/2 RF, -, fwd R to CP LOD, -;

9-12 walk & face; chasse 3(SCP); (thru) chasse to BJO - fwd;;

13-16 step hop 2x; fwd/lk, fwd; manuv, sd, cl; pivot 1/2;

PART B

1-4 walk 2; 2 L turns;; walk to BJO & check;

- 1 ss [walk 2] fwd L, -, fwd R, -; to CP DLC
2-3 sqq [2 L turns] fwd L start 1/8 LF trn, -, sd R continue 1/4 LF trn to CP RLOD, cl L;
sqq bk R start 1/8 LF trn, -, sd L continue 1/4 LF trn to CP DLW, cl R;
4 ss [walk to BJO & check] fwd L continue LF trn to fc LOD, -, xcheck fwd R outside
ptr continue trn to DLC, -;

5-8 whaletail;; step, hop, face, hop; side, draw, close;

- 5-6 qqqq [whaletail] XLIB of R, sd R, fwd L, lk R beh L (W XRIF of R, sd L, bk R, lk L if
R); figure trns continuously 1/4 RF to BJO DLW
qqqq sd L, cl R trn 1/4 LF to BJO DLC, XLIB of R, sd R trn 1/8 RF to BJO LOD; (W Sd
R, cl L, XRIF of L, sd L);
7 qqqq [step, hop, face, hop] fwd L, hop on L, fwd R trn 1/4 RF to fc ptr, hop on R; to
CP WL
8 qqs [side, draw, close] sd L, draw R to L, cl R, -;

9-12 slow hover in 4;; 2 sd closes; walk & PU;

- 9-10 ssss [slow hover in 4] in CP fwd L, -, fwd & sd R rise to SCP, -; rec L, -, thru R, -;
11 qqqq [2 sd closes] sd L to CP WL, cl R, sd L, cl R;
12 ss [walk & PU] fwd & sd L to SCP, -, thru R, trn 3/8 LF to CP DLC, -;

13-16 2 L turns;; walk to BJO & check; fishtail;

- 13-14 sqq [2 L turns] fwd L trn 1/8 LF, -, sd R trn 1/4 LF, cl L to CP RLOD;
sqq bk R trn 1/8 LF, -, sd L trn 1/4 LF, cl R; CP DLW
15 ss [walk to BJO & check] fwd L trn to BJO DLC, -, xcheck fwd R outsd ptr, -;
16 qqqq [fishtail] XLIB of R, sd R, fwd L, lk R beh L; (W XRIF of L, sd L, bk R, lk L if R;) figure trns continuously 1/4 RF to BJO DLW

PART A

PART B (1-14)

END

1-2 twirl 2; apt, ack;

- 1 ss [twirl 2] sd & fwd L, -, fwd R, -; (sd & fwd R trn 3/8 RF, -, sd L trn 5/8 RF under joined lead hnds, -;)
2 ss [apt, ack] stp apt L, -, pt R to ptr, -;