

Thank You

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 Record: Thank You (track 6 from the CD NO ANGEL by Dido)
 Sequence: Introduction A B Interlude B (to pickup) C B (to pickup) A C C Ending
 Phase: V Pseudo Samba
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Introduction

1 – 8 Wait; ; ; Man Side, -, Point; Woman Side, Hip Bump; Woman Take Man’s Hand; Woman Spin LF to CP;

- 1 – 4 Wait in Open Position facing LOD with lead foot free; Keep time with music with small hip actions; ; ;
 5 [Side, Point (SS)] Man step side L, -, point R toward partner and extend R hand face up; Woman holds.
 6 [Side, Bump (SS)] Woman step side R, -, touch L to R with a hip bump and look away from Man coyly;
 7 [Give Hand (SS)] Woman look at Man, -, place L hand in Man’s R hand; Man holds.
 8 [Roll in (SS)] Man steps side R releasing joined hands, -, touch L to R starting to blend to CP facing LOD;
 [W: (QQS) Stepping towards Man and commence LF roll L, R, L to end facing Man and staring to blend to CP;]

Part A

1 – 8 Whisk Left and Right; ; Stationary Walks; ; Whisks Left and Right; ; Stationary Walks; ;

- 1 – 2 [Whisk Left and Right (QQS; QQS)] In CP facing LOD side L, R XIB of L [W: L XIB of R], recover L, -; Side R, L XIB of R [W: R XIB of L], recover R, -;
 3 – 4 [Stationary Walks (QQS; QQS)] Close L to R, back R ball of foot, recover L, -; Close R to L, back L ball, recover R, -;
 5 – 8 Repeat action of measure 1 – 4.

9 – 16 Reverse Turn; ; Progressive Whisks; ; Reverse Turns; ; Progressive Whisks; ;

- 9 – 10 [Reverse Turn (SQQ; SQQ)] Forward L commence LF turn, -, side R, L XIF of R now backing LOD in CP; Back R commence LF turn, -, side L, close R to L [W: L XIF of R] to end in CP facing LOD;
 11 – 12 [Progressive Whisks (QQS; QQS)] Forward L turning body LF, side R ball of foot, recover L, -; Forward R between partner’s feet turning body RF, side L ball of foot, recover R, -;
 [W: Side and back R turning LF, turning to RSCP whisk L XIB of R, recover across and slightly forward R, -; Turning RF side and slightly back L, turning to SCP whisk R XIB of L, recover across and slightly forward L, -;]
 13 – 16 Repeat action of measures 9 – 12.

Part B

1 – 16 Bota Fogo to SCP; Bota Fogo (Man Transition Corta Jaca) BJO; Contra Bota Fogo Sidecar; Circular Volta with Bota Fogo Ending; ; Contra Bota Fogo Twice to BJO; ; Circular Volta with Bota Fogo Ending; ; Contra Bota Fogo; Bota Fogo (Man Transition Corta Jaca) to SCP; Traveling Volta; Slow Volta (HOLD); Rock Side and Recover; Thru Bota Fogo Twice; ; (NOTE: On repeat of Part B, pickup to CP facing LOD.)

- 1 – 2 [Bota Fogo to SCP & Corta Jaca Transition (QQS; QQQQ)] Forward L toward LOD, side R ball of foot, turning to SCP facing COH recover forward L, -; Thru R heel, recover L, back R toe, recover L turning to loose BJO;
 [W: (QQS; QQS) Back R, side L, turning to SCP recover forward R, -; Thru L, side R, turning LF recover L ending in BJO, -;]
 3 [Contra Bota Fogo (QQS)] Using identical footwork forward R in BJO, side L ball of foot, turning RF recover R to SCAR, -;
 4 – 5 [Circular Volta (QQQQ; QQS)] Across L, side R small step toe turning LF, across L, side R small step toe turning LF;
 Across L, side R small step toe turning LF, turning LF to BJO recover L having made nearly 1 full turn L, -;
 6 – 7 [Contra Bota Fogos (QQS; QQS; QQS)] Forward R in BJO, side L ball of foot, turning RF recover R to SCAR, -; Forward L in SCAR, side R ball of foot, turning LF recover L to BJO, -;
 8 – 9 [Circular Volta (QQQQ; QQS)] Across R, side L small step toe turning RF, across R, side L small step toe turning RF;
 Across R, side L small step toe turning RF, turning RF to SCAR recover R having turned R to face WALL, -;
 10 [Contra Bota Fogo (QQS)] Forward L in SCAR, side R ball of foot, turning LF recover L to BJO, -;
 11 [Corta Jaca Transition (QQQQ)] Across R in BJO heel, recover L, back R toe, recover L turning to loose SCP/LOD;
 [W: Contra Bota Fogo to SCP (QQS) Forward R in BJO, side L, turning RF recover R to SCP, -;]

- 12 – 13 [Traveling Volta (QQQQ; S-)] Thru R, side L ball of foot, thru R, side L ball of foot; Thru R checking and hold;
- 14 [Rock Recover (SS)] Rock side L with hip action, -, recover R turning to LOP facing RLOD, -;
- 15 – 16 [Thru Bota Fogos (QQS; QQS)] Thru L, turning LF to face partner and WALL side R ball of foot, recover L to face LOD, -; Thru R, side L ball of foot, recover R turning RF to face DW lead hands still joined, -; (NOTE: The 2nd and 3rd times through Part B measure 16 is: Thru R, side L ball of foot, close R to L to end in CP facing LOD, -;)

Interlude

1 - 4 Shadow Bota Fogos to Pickup; ; ; ;

- 1 – 4 [Shadow Bota Fogos to Pickup (QQSx4)] Forward and across L raising joined lead hands, side R ball of foot, lowering joined lead hands recover L turning LF to face DC, -; Forward and across R raising joined lead hands, side L ball of foot, lowering joined lead hands recover R turning RF to face DW, -; Repeat action to end in loose CP facing LOD; ;
- [W: Forward and across R passing under joined lead hands, side L ball of foot, recover R turning RF to face DW, -; Forward and across L passing under joined lead hands, side R ball of foot, recover L turning LF to face DC, -; Repeat with R foot; Forward and across L passing under joined lead hands, side R ball of foot, recover L turning LF to face Man in loose CP, -;]

Part C

1 - 8 Reverse Turn to SCP; Woman Reverse Underarm Turn to Left Open and Samba Walk; Cruzados Walks and Locks to Check; Maypole Volta to Wrap facing RLOD; ;

- 1 – 2 [Reverse Turn (SQQ; SQQ)] Forward L commence LF turn, -, side R, L XIF of R now backing LOD in CP; Back R commence LF turn, -, side L, close R to L to end in SCP facing LOD;
- [W: Back R commence LF turn, -, side L, close R to L now facing LOD; Forward L slight body turn to L, -, side and forward R down LOD, close L to R to end in SCP facing LOD;]
- 3 – 4 [Reverse Underarm Turn and Samba Walk (QQS; QQS)] Raising joined lead hands and dropping R hand from Woman's back forward L, back R ball of foot, recover slightly back L having allow Woman to turn LF under joined lead hands, -; Forward R down LOD turning to LOP facing LOD, back L ball of foot, recover slightly back R, -;
- [W: Forward R commence LF turn under joined lead hands, continue LF turn L, R to face nearly LOD, -; Finishing LF turn to LOP facing LOD side L, back R ball of foot, recover slightly back L, -;]
- 5 – 6 [Cruzados Walks and Locks to Check (SS; QQS)] Walk forward L swiveling inward, -, forward R swiveling outward; Forward L, lock R XIB of L, forward L turning to face partner and checking lead hands still joined, -;
- 7 – 8 [Maypole Volta (QQQQ; QQS)] Turning RF around partner volta across R XIF of L, side L small step toe, across R, side L small step toe; Across R, side L small step toe, across R to end in a wrapped position facing RLOD, -;
- [W: Turning LF on the spot under joined lead hands across L, side R small step toe, across L, side R small step toe; Across L, side, R small step toe, across L to end in Wrapped Position facing RLOD, -;]

9 - 16 Whisk Apart and Together to Wrap; Cruzados Walks and Locks twice; ; ; ; Apart (Woman Knee), Spin Manuver to CP facing LOD;

- 9 – 10 [Whisk Apart and Wrap (QQS; QQS)] Side L releasing lead hands and sliding trailing hands to Open Position both facing RLOD, R XIB of L ball of foot, recover L, -; Side R allowing Woman to wrap, L XIB of R ball of foot, recover R in Wrapped Position facing RLOD, -;
- [W: Side R to Open Position facing RLOD, L XIB of R ball of foot, recover R, -; Turning LF roll L, R, L to Wrapped Position, -;]
- 11 – 14 [Cruzados Walks and Locks (SS; QQS; SS; QQS)] Walk forward L swiveling outward slightly, -, forward R swiveling inward slightly, -; Forward L, lock R XIB of L, forward R, -; Walk forward R swiveling inward slightly, -, forward L swiveling outside slightly, -; Forward R, lock L XIB of R, forward R still in Wrapped Position facing RLOD, -;
- 15 – 16 [Apart, Touch; Spin Manuver Face LOD (S-; QQS)] Releasing joined lead hands and sliding trailing hands to Open Position facing RLOD side L, -, touch R to L, -; Forward R commence RF turn releasing joined inside hands, side L continue RF turn, close R to L to face LOD in loose CP, -;]
- [W: Apart R, -, raise L foot and place it near R knee, -; Turning LF one full turn roll L, R, L to end in loose CP, -;] [OPTION: Woman may roll out RF (Q&QS) R / L, R, Knee if she prefers.]

Ending

1 Side Dip and Look.

- 1 [Side Dip (S.)] Side L dipping and look at partner. Woman may do a leg crawl if she so desires.